Calabarzon

is an acronym for the provinces comprising the region - CAvite, LAguna, BAtangas, Rizal and QueZON. It is situated immediately south and east of Metro Manila, and is the complementary hideaway for anyone looking to escape the hustle and bustle of the capital.

Calabarzon is rich with stories relating to the country's colonial past, of heroes and revolutionaries standing up for the ideals of freedom and self-rule. Many monuments still stand as powerful reminders of days gone by, but the region hurtles on as one of the most economically-progressive areas for tourism, investments and trade. Its future is bright and the way clear, thanks to present-day lessons continuously being learned from a glorious, historic past.

Fast Facts

Time Zone: GMT + 8

Visa: Only required if staying more than 30 days

Climate: November to February – cool and mostly dry; March to June – warm and mostly dry; July to October – warm and mostly wet

Average Temperature Year-round: 24°C – 32°C

Attire: Light casual clothes all year round

Money: Philippine Pesos. Check with the local banks for current exchange rates. All major credit

cards accepted

Water: Bottled water available in resorts. restaurants and convenience stores

Communications: International and direct dial phone and fax. Internet cafes are widely available

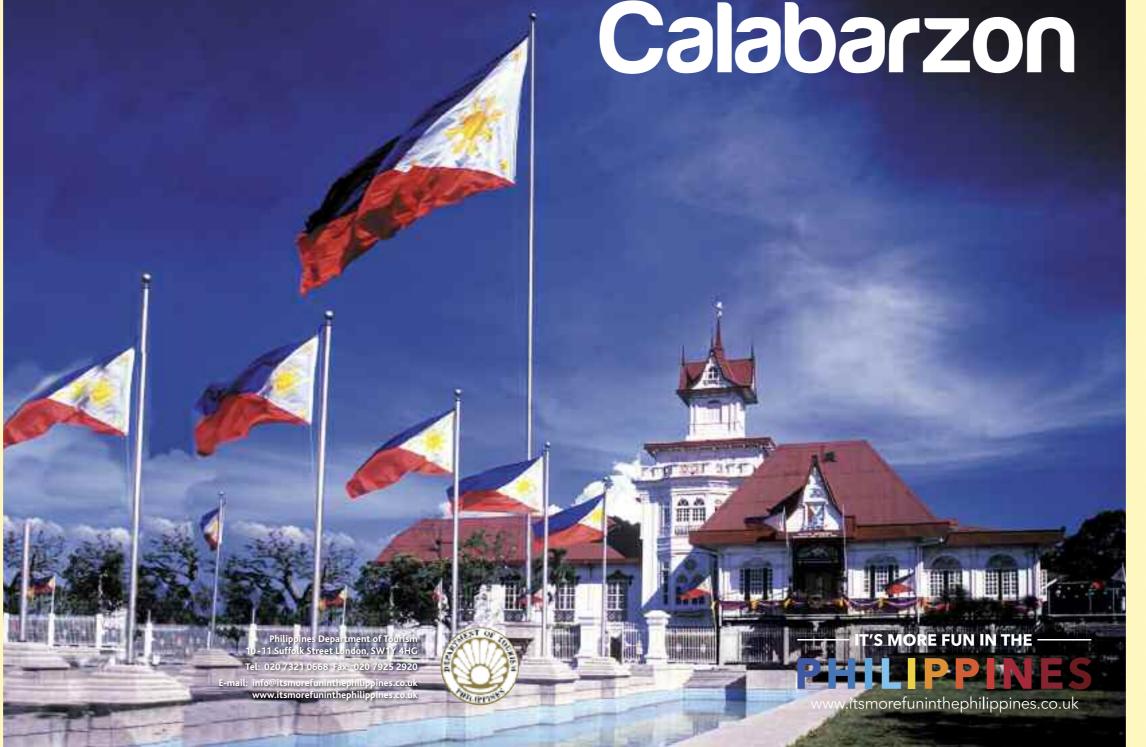
What to Bring: Sun block, tanning lotions, insect repellant, personal medication, swimwear and accessories, etc.











The land of heroes and festivities

Getting There

Travelers can take air-conditioned buses going to southern Luzon from among the multitudes of bus terminals within Metro Manila. Travel time to Cavite and Rizal usually takes an hour while Batangas, Laguna and Quezon may be reached within two to four hours.

Hotels and Resorts

The region has a good collection of accommodation facilities that offer rest and recreation at stunningly-low prices. From classy deluxe resort hotels to rental apartment options, one will find rooms, apartments and evens mansions that are suitable for every group of any size. Spa resorts in Laguna and elsewhere are particularly popular, as individual homes with private springs are offered for day use, or longer.

Sports Activities and Exploration

The region is blessed with an extensive selection of sport-related activities, such as golf in world-class championship courses in Cavite, or volcano-trekking around Taal Lake, or diving off the magnificent coasts and islands of Batangas, among others. Exploration will take visitors back in time as they discover the sleepy heritage towns of Rizal, or trek the hidden forests of Quezon, or challenge the rapids at Pagsanjan. Whatever the thrill, everything is just a stone's throw away from the capital.



Major Attractions			
		Heritage and Histo	orical Tours
	1	Aguinaldo Shrine The site of the declaration by Emilio Aguinaldo on Jun declared as a Shrine and h dedicated to these historic	ne 12, 1898. The house is ouses the memorabilia
	2	Rizal Shrine	Calamba, Laguna
	3	Corregidor Island Corregidor Island, Car The island of Corregidor, strategically located just 4 kilometres west of Manila, is an easily accessible to spot from the capital. Corregidor is a historic monu featuring military installations, tunnels and memor honoring the soldiers who fought numerous battles during World War I	
	4	Apolinario Mabini Shrine	Tanauan, Batangas
	5	Taal Heritage Town	Taal, Batangas
	6	Church of Our Lady of Casaysay	Casaysay, Batangas

9	Pagsanjan Heritage Iown	Pagsanjan, Laguna
10	Artist Village	Angono, Rizal
11	Petroglyphs	Binangonan, Rizal
12	Laguna de Bay	Pakil, Pangil, Pagsanjan, Heritage Towns Lagun
13	St. Michael Basilica	Tayabas, Quezon
14	Underground Cemetery	Nagcarlan, Laguna
15	Bonifacio Monument	Trece Martires, San Pablo Laguna
16	Gen. Miguel Malvar	Sto. Tomas, Batangas Museum
17	Marcella M. Agoncillio	Taal, Batangas Landmark
18	Battle of Binakayan	Kawit, Cavite Monument
19	Fort San Felipe	Sanglev Point Naval Base

Gumaca, Quezon Fortress

Binangonan, Rizal Shrine

20 San Diego de Alcala

21 Vicente Manansala

Golf Courses Diving

Name Location Anilao Batangas

The closest diving paradise destination for weekend excursions due to its proximity from Manila, Anilao possess an astounding 35 dive sites, and is known as "the birthplace of Philippine diving". The diversity of marine life is remarkable and perfect for macro photography with prolific multi-hued crinoids, sea hares, sea goblins, ghost pipe fishes and nudibrachs, to name a few.

2 Mabini Batangas

> Verde Island Batangas

Verde Island is the location of fantastic scuba diving blessed with excellent visibility to observe huge fans, whips and schools of pelagics coupled with ferociously powerful currents carving through the reef for those looking for an exhilarating experience.

Beach Resort

5 Hamilo Coast

Location 1 Anilao Batangas 2 Punta Baluarte Batangas 3 Matabungkay Batangas 4 San Juan Batangas

> Hamilo Coast is a new development composed of 1.800 hectares of lush forests, rock formations, limestone cliffs and 13 coves of stunning white sand beaches.

Batangas

Location

Laguna Reserve

Puerto Azul Cavite Puting Buhangin Ouezon

Birdwatching Sites

1. Mt. Palay-Palay Cavite National Park 2. Mt. Makiling Forest

3. Villa Escudero Quezon





Location 1 Calatagan Golf Club

Calatagan, Batangas 2 Caltex Refinery Golf Club San Pascual, Batangas

3 Canyon Woods Laurel, Batangas 4 Club Malarayat Lipa City, Batangas

5 Evercrest Golf Club Nasugbu, Batangas & Resort

6 Summit Point Lipa City, Batangas

7 Tagaytay Highlands Bo. Calabuso, Tagaytay City, Batangas

> The highlands is considered as one of Asia's most exciting golf courses because of its dramatic elevation differences and challenges while offering spectacular views of Taal Lake.

8 Tagaytay Midlands Talisay, Batangas

9 Eagle Ridge General Trias, Cavite Featuring an unprecedented four-course lay-out designed by the world's top golfers, Eagle Ridge has the largest golfing facility in the country catering to all levels of expertise.

10 Puerto Azul Beach & Ternate. Cavite Country Club

11 Royal Tagaytay Alfonso, Cavite Country Club

12 Sherwood Hills Golf Club Trece Martirez, Cavite 13 Southwoods Carmona, Cavite

14 The Orchard Dasmarinas, Cavite 15 The Riviera Aguinaldo Highway. Silang, Cavite

16 Splendido Golf Course Tagaytay, Cavite

17 Caliraya Springs Barangay, East Talaongan, Lumban, Cavinti, Laguna

18 Canlubang Golf & Country Club

19 Canlubang Sugar Estate Canlubang, Laguna 20 Sta. Elena Golf Club Sta. Rosa, Laguna

Canlubang, Laguna 21 The Country Club 22 Eastridge Golf Club Binangonan, Rizal

23 Forest Hills Cogeo, Antipolo City, Rizal

MINDORO









Wellness and Spa

Adventure Tours

trekking and exploration.

rapids at breakneck speed.

3 Mt. Maculot

6 Mt. Makiling

7 Mt. Banahaw

8 Laguna de Bay

9 Boardsailing

10 Wawa Gorge

11 Putting Bato

12 Susong Dalaga

a City of Springs

4 Skydiving Center

Pagsanjan Rapids

Taal Lake and Volcano Tours Taal, Batangas

2 Kampo Trexo Camp Site Tagaytay, Cavite

Location 1 Nurture Spa Tagaytay, Batangas

2 Sanctuary Spa at Maya-Maya Nasugbu, Batangas The Farm at San Benito Lipa City, Batangas

Colaique, Antipolo City Rizal Callospa

Los Baños Hot Springs Los Banos, Laguna

As the name suggests, Los Baños is an oasis of many springs that alludes to the thermal springs coming from Mt. Makiling, a dormant volcano. Los Baños boasts of a number of resorts and hot springs which are perennially visited by tourists and locals alike.

Los Banos, Laguna

Splash Mountain Los Banos, Laguna 5c Pook ni Mariang Makiling Los Banos, Laguna Los Banos, Laguna 5e Libis ng Navon Los Banos, Laguna 5f Windy Hill Resort Los Banos, Laguna

> BAGAY GULF

Location

Surrounded by a lake, the world's smallest volcano is situated on an

8.8 square kilometer islet lapped by the 27 kilometer long lake. Both the

lake and the volcano are situated on the crater of an extinct volcano.

Batangas

The most prominent waterfalls in the entire country is the majestic

Pagsanjan Falls with its 400-foot drop. Upon reaching the site, visitors

ride on the way back is an experience in itself, traversing white water

Laguna

Laguna

are encouraged to brave the falls and go directly underneath it. The boat

Majayjay, Laguna

Montalban, Rizal

Binangonan, Rizal

Polilio, Quezon

Cogeo, Rizal

Lake Caliraya, Laguna

Tanauan, Batangas

Pagsanjan, Laguna

It is known as Southern Luzon's centerpiece attraction and ideal for

Festivals

Location Name Balayan, Batangas 1 Parada ng Lechon (24 June)

2 Regada (24 June) Cavite City, Cavite

3 Antipolo Festival and Antipolo, Rizal Annual Trek (30 April to 01 May)

4 Feast of San Celemente - Angono, Rizal Higantes Festival

5 Pahiyas Festival (15 May) Lucban, Quezon

The Pahiyas festival is arguably the most colorful and one of the most prominent festivals in the entire country. Pahiyas is the time when the people in Lucban give thanks to San Isidro Labrador for a good harvest. All houses in the town are supremely decorated with elaborately colored rice wafers, called kipings.

Viewpoints

(November)

Location Name 1 Tagaytay Ridge Tagaytay City, Cavite (overlooking Taal Lake and Volcano)

2 People's Park In the Sky Dapdap, Cavite 3 Picnic Grove Tagaytay City, Cavite

Tagaytay City, Cavite 4 Flower Farm

5 Laguna de Bay Laguna

6 Underground Cemetery Nagcarlan, Laguna

7 National Arts Center

8 UP Los Banos Mt. Makiling, Laguna 9 Lake Calirava Lake Caliraya, Laguna

10 Our Lady of Antipolo Antipolo, Rizal Shrine

11 Overlooking

Plantation

Antipolo, Rizal An area perched on the top of a hill where one can have an impressive view of the capital while relaxing among the several restaurants and bars that serve as a retreat for those wanting to unwind and savor the scenery below.

12 Hinulugang Taktak Antipolo, Rizal 13 Daranak Falls Tanav. Rizal 14 Villa Escudero Coconut Tiaong, Quezon

15 Hidden Valley Springs Alaminos, Laguna



Useful Websites for the Region:

http://en.wikipedia.org/wiki/Cavite www.cavite.gov.ph

http://elgu2.ncc.gov.ph/cavitecity/ www.globalpinoy.com/travel/province/cavite.php

www.cavite.info Corregidor http://en.wikipedia.org/wiki/Corregidor

> www.corregidorisland.com http://corregidor.org

http://en.wikipedia.org/wiki/Batangas www.batangasnow.com

www.batangascity.gov.ph

www.globalpinoy.com/travel/province/batangas.php

http://en.wikipedia.org/wiki/Laguna_(province) www.laguna.gov.ph

www.globalpinoy.com/travel/province/laguna.php

http://en.wikipedia.org/wiki/Quezon www.quezon.gov.ph

www.discoverquezon.com www.globalpinoy.com/travel/province/quezon.php

http://en.wikipedia.org/wiki/Rizal www.rizalprovince.gov.ph

www.rizalprovince.com

www.globalpinoy.com/travel/province/ rizal.php

Useful Contacts:

London

Department of Tourism Offices:

+44 (0) 20 7321 0668 info@itsmorefuninthephilippines.co.uk www.itsmorefuninthephilippines.co.uk

+63 (2) 524 1969 Regional Office IV lcjurilla@tourism.gov.ph

dot4@visitsoutherntagalog.com www.visitsoutherntagalog.com

+63 (49) 808 0464

+63 (2) 833 0293

Batangas Tourism Office +63 (43) 723 0130 Cavite Tourism Office +63 (46) 419 2930 +63 (46) 413 1993 Tagaytay City Tourism +63 (46) 413 1649 Office

Laguna Tourism Office **Bus Companies**

Victory Liner

+63 (2) 912 3343 **Baliwag Transit** BLTB +63 (2) 833 5508 +63 (2) 541 4409 Jam Transit +63 (2) 851 6614 Pangasinan Five Star +63 (2) 025 1758 **Tritan Transit**

Other useful Contacts:

British Embassy Manila +63 (0) 2 816 7116











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